

# GALLETLY

The Surgery  
40 North Road,  
Bourne  
Lincs.  
PE10 9BT



## R A P E V I N E

Our profile this quarter comes from our Phlebotomist, Sonya Woods, who will soon be changing her role within the Surgery and moving to work as a Practice Nurse in the Treatment Room. Sonya has worked very hard over the past year on her return to nursing course at York University and we are all delighted with her success and promotion.

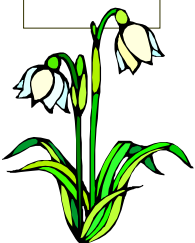
Name: Sonya Woods  
Marital Status: married for 21 years  
Family: 3 sons, 1 daughter and a grandson  
Born: Forfar, Angus, Scotland - which makes me a Forfar Bridie!

I trained as a registered nurse in 1980 at Foresterhill College of Nursing, Aberdeen. After completing my training, I worked for a short while at The Royal Victoria Hospital, Dundee, before moving to Stracathro Hospital, Brechin, where I worked in the operating theatres.

I gave up working as a nurse whilst my family were growing up, but have worked in various jobs for the past 10 years, everything from a heather potter-upper, a smoked salmon de-boner, a machine operator in a cannery, to a deli counter assistant and as a carer.

We moved to Bourne from Scotland 7 years ago due to my husband's work. My family loves it, although Lincolnshire is very flat, so we have to travel North at least once a year to remind ourselves of the hills!

For the past 2 years I have worked in the surgery as a phlebotomist, or "vampire" as my children call me! Last year I embarked on a re-registration course through York University, which I have recently completed. This will enable me to work once again as a registered nurse, and I look forward to beginning work very soon as a Practice Nurse in the treatment room.



Enquiries	01778 562200
Appointments	01778 562201
Appointment Cancellations	01778 562202
Repeat Prescriptions	01778 562203
NHS Direct 24 hr Helpline	0845 46 47
WellDoc Out of Hours Emergencies	0845 045 0281

### Target Training dates

Please note that the Surgery will be closed from 12.30 pm on the following dates to allow the Partners and staff to attend the Lincolnshire Target training.

Thursday 9<sup>th</sup> February  
Thursday 16<sup>th</sup> March  
Thursday 6<sup>th</sup> April  
Thursday 11<sup>th</sup> May  
Thursday 15<sup>th</sup> June

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Winter  
2006

## Keep it or cancel it!!

Did you know that we now have a unique number you can use if you wish to cancel your Surgery Appointment?

The Surgery cancellation line is 01778 562202.

You can also use our web site to cancel your appointment provided you have registered your details with the Surgery.

Please ask at reception if you would like further details on our web site.

During 2005 there were 1634 patients who did not attend a pre-booked appointment. This equates to 160 hours of General Practitioner time and 126 hours of Nurse Time (phlebotomy, Treatment room, midwife, etc)

Please think of others, if you no longer need your appointment please ensure you cancel it as soon as possible so another patient can use the slot.

## Automatic Doors for the Surgery

Our Patient Participation Group has recently installed automatic inner doors at the Surgery entrance. It is hoped that these will improve the access, especially for parents with prams and patients in wheelchairs. There are large buttons near to the doors - just press and the doors will open. Weather permitting, we will pin back the outer door to help ease access.



## District Nursing update

Last year was a very busy time for the District Nursing Team. Apart from our busy caseload we started to offer leg ulcer management at the Bourne Health Centre on two afternoons a week. We soon became aware that this would have to be extended to include a further clinic to accommodate numbers of patients with a lower leg ulcer. These clinics have now been running for over 6 months & we are able to offer a comprehensive plan of treatment for our patients - the feedback we have had from the people attending has been very encouraging.

The last 12 months saw some changes within our team. Sister Candice Pellett secured a secondment with Nottingham University as a Health Lecturer, teaching students undertaking their 3 year nurse training course & we were fortunate to have Sister Karen Smillie join us to "job share" with Candy. We have just heard that Candy has been offered a further year teaching at the University & that Karen will continue working at the practice.

Several members of our team have worked very hard over the recent months attending various courses, writing assignments & undertaking exams. Congratulations to :

Yvonne Ellis - Nursing Auxiliary - Study Skills - Health Inequalities Related to Poverty, National Open College Network, Venepuncture Training, Lincs SWPCT. Yvonne will soon be starting her NVQ Level 3 in Health Care.

Angela Smith Community RGN - Evidence Based Practice, Contemporary Issues in Tissue Viability & Pressure Ulcer Prevention & Management - all undertaken with the University of Nottingham. Angela is working towards gaining a Diploma In Tissue Viability.

Tracy Hamilton Community RGN - Evidence Based Practice, Pressure Ulcer Prevention & Management - University of Nottingham.

Sister Candice Pellett - Independent & Supplementary Prescribing, University of Lincoln. This course was a very intense period of learning over 6 months & Candy would like to thank Dr Wright for his support & encouragement as her medical supervisor and for his continued support with clinical supervision.

Apart from the University courses all of the DN team have attended various day courses & updates throughout the past year which enables us to deliver up-to-date nursing care to our patients in the community. We wish our colleagues at the Galletly Practice & our patients out in the community a very happy & healthy New Year.



To Julie Smith, our Deputy Manager, who clocked up an amazing 25 years service with the Practice in January this year. Julie is a much valued member of staff who can just about do every non-clinical job there is to do in the Surgery.

Congratulations also to Gemma Lyon, our Scanning and Medical reports clerk, who became engaged to Mr Simon Wright on 27<sup>th</sup> October, 2005. The wedding is planned for Autumn this year. Watch this space for a picky or two!!!

**Flu Statistics** - Just to let you know we have vaccinated about 1945 patients against the flu virus this winter - this includes at risk people and the over 65's.

#### *A message from the Patient participation group*

The Galletly Patient Participation Group (PPG) was formed four years ago. We are all patients of the Practice who meet regularly. Part of our remit is to plan fund raising activities in order to purchase items of equipment that will benefit the patients at the Galletly Practice.

To date we have raised £8,797.70p of which £6,297.00 has been spent on the following equipment:-

Defibrillator	£2695.00
ECG Display	£395.00
Defibrillator pads	£37.90
Electronic ear syringe	£110.00
Disposable jet tips	£84.00
Cleaning tablets	£27.00
Fibre optic otoscope and ophthalmoscope	£415.00
Desk aneroid blood pressure monitor	£48.00
Digital scales	£259.00
Doppler	£311.38
Tuning fork	£27.03
Raised seat chairs	£105.70
Part payment for automatic doors	£1,782.69

We have recently improved access for patients by installing a set of automatic doors which eases the entry problems which mums with prams and patients in wheelchairs experienced when entering and leaving the Surgery.

We have also been available at the Surgery to assist patients with the automated checking in system and the new automatic blood pressure monitor.

The PPG was formed by the patients for the patients and we would appreciate your help in any way possible. For more information please ask at reception for a contact number.

