

October 2010
Issue 2



GP TRAINING

I am sure some of you will have noticed some new faces around the Practice recently and our new extension. The Galletly Practice is now a GP Training Practice. We were awarded the GP Training status in November 2009 and started training GPs from April this year. Initially we had Dr Udeh and Dr Gamalath for four months from April 2010 and now we are training Dr Keeling and Dr Mufti.

The training involves giving Doctors who are on their GP training scheme practical experience at a GP Surgery. They are all qualified Doctors who are now doing their post graduate training towards their final career choice.

Dr Julie Harris and myself are leading with this project. The rest of the Practice has also taken a vital role in helping these Doctors through their training. Training new GPs helps to keep the medicine that we practise current and up to date. It allows the whole Practice to develop as a learning organisation and allows us to continually strive towards improved care for all our patients.

Training status also allowed us to access funds to help us expand the size of the Practice. This will obviously mean more Doctors for Bourne and greater and improved access to healthcare for all our patients.

Dr Paul D Cregor

HEALTH VISITING TEAM

Andrea and Alison have now relocated to The Bourne Health Clinic, St Gilberts Road, Bourne, PE10 9XA, Telephone 01778 394185 Ext 109. The Well Baby Clinic is now held at the Children's Centre, Queens Road, Bourne every Tuesday morning between 9.30am – 11.30am.

DID YOU KNOW?

Peterborough sees the opening of a £335 million hospital on the Edith Cavell site at Bretton with state-of-the-art equipment and diagnostic imaging equipment. Peterborough City Hospital, which opens its door to the first patients on Monday 15th November 2010, will replace Peterborough District Hospital, Peterborough Maternity Hospital and Edith Cavell Hospital.

The new hospital will be able to offer more services than they had previously been able to, one such service being radiotherapy treatment. With this service now available at the Peterborough City Hospital, it has resulted in reduced travel for the majority of cancer patients to receive their treatment. A Radiotherapy suite will now be included within the Oncology and Haematology unit.

Also within Peterborough City Hospital there will be an Emergency Care Centre, Rehabilitation Unit, Women and Children's Unit, Haemo-dialysis Unit for kidney patients, a Hi-Tech Diagnostics Unit and a Multi-Disciplinary Learning Centre. Take a virtual tour of the new Peterborough City Hospital, www.peterboroughandstamford.nhs.uk and select Peterborough City Hospital.

Cheryll Perkins

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Appointments/Cancellations:

01778 562202

Repeat Prescriptions:

01778 562203

Emergency Care Centre:

0845 045 0281

NHS Direct 24 hour Helpline:

0845 46 47

COMMENTS /FEEDBACK

If you have any comments/ feedback/articles/etc., you would like to be considered for inclusion, please forward to Dawn Phelan at the Surgery.

PROFILE: DR BETTINA BRIGGS, GP PARTNER

I am a Norfolk girl growing up in the countryside near Yarmouth. I trained as a Doctor in Leicester and then continued to work there for many years gaining experience and my GP qualifications. When I moved to Bourne 20 years ago with my young family I worked part time for both GP Practices and was delighted when I became a Partner in the Galletly Practice exactly 15 years ago.

The Practice was at that time located in the old Health Centre on St Gilbert's Road sharing the premises with the Hereward Practice. It was exciting to be involved in the planning and move to the new surgery here at 40 North Road, which incorporated the house of Dr Galletly, the founder of the Practice. I have seen the Practice grow in size with more patients and staff needing extra space and it has been exciting once again to help plan the extension and alterations that have recently taken place. We now have GP Registrars, qualified Doctors doing specialist GP training under our wings, and it was an honour to get approval for this and a breath of fresh air and delight having the young Doctors keeping us on our toes.

I work here part time, but keep very busy. I enjoy looking after my family and have a husband who I met at medical school many years ago and two grown up children. People may have come across me biking or walking particularly in Bourne Woods. I also enjoy my football and despite all their ups and downs, I watch Peterborough United and have had a season ticket for many years. I also love music, particularly live music, rock music and the blues in particular. I also have a share in a canal boat. It always seems to rain when we go and is hard physical work but a cruise on the canals is a lovely way to unwind.

It is a delight to work here. Bourne has been my home for 20 years and I am very fond of the area and all my patients. It is wonderful to work in such an excellent practice. The Galletly Practice Team is a true team, our staff our fantastic and as Doctors we couldn't work without them. It is hard work being a GP with long hours and I have seen our workload and responsibilities increase greatly over the 15 years that I have worked here but it's my job and I love it.

MY CHALLENGE OF A LIFETIME: ANDREE BLAZA, DISPENSER

In March my friend Gill asked me how I would like a new challenge. Apprehensively I said yes and then asked what is it? Gill explained that a group of friends wanted to raise some money for charity by climbing the Three Peaks. For anyone who does not know, the Three Peaks are Ben Nevis in Scotland (4409ft), Scafell Pike in Cumbria (3209ft) and Snowden in North Wales (3560ft).

So on the 24th of July a group of us nervously boarded our minibus with mixed emotions. We travelled from Bourne to Northwich in Cheshire as we had to pick up the rest of the team; this was quite a feat in itself as the minibus was limited to 60 mph!! Once we had collected the rest of the team we headed for Ben Nevis which was our first mountain to climb. We arrived late afternoon and the weather conditions were perfect for mountain climbing. The skies were blue and the sun was shining. Nervously we all stood at the foot of the mountain in awe of its size and beauty as we contemplated what lay ahead. We headed off up the path which to start with seemed to meander gently up the mountain, then it became steeper as we made our ascent. On reaching the summit it hit me as to how cold it had become, I even needed to wear my gloves. The visibility was fantastic, offering stunning views which stretched as far as the eye could see. After waiting for the rest of the team we then headed back down the mountain, knowing that the last hour would be done in darkness. We completed our decent in six hours and went to our B&B for a well-earned rest and bottle of wine!!

After five hours sleep we were back on the road heading south to Scafell Pike in the Lake District National Park, Cumbria. The weather was in complete contrast to the previous day, cold, wet and miserable. After climbing Ben Nevis, myself and two others felt confident about climbing this mountain so we decided to go on ahead of the others. Bad decision!! We took a wrong turn and ended up climbing the hard route. I found this very exhausting due to the weather conditions, the steepness of the mountain and the loose shale which came away with each footstep I took. Eventually, with practically no visibility, we made it to the summit. The weather was so bad we decided not to wait for the rest of the team, but go straight back down. Everyone eventually made it back to the minibus and we went to our hotel for some home comforts.

Last but not least was Snowden and the sun was shining as we drove into North Wales. T-shirt weather again! As I stood at the bottom of Snowden it sparkled as the sun reflected off the rocks and I knew this was the Welsh dragon I had to tame. The climb began and to my surprise this was not the beast I was expecting! A gentle path awaited us, but after three thousand feet it showed its true colours and became steeper. Unfortunately the weather turned bad and visibility became poor so we could not appreciate the views on arriving at the summit. One thing we did appreciate was the café which served hot chocolate and toast!!!! Everyone was in good spirits, knowing the hard work was done so we set off back down the mountain, our mission accomplished!!

This was my challenge of a lifetime and it was a fantastic experience. I managed to raise £450 for charity, the Bourne First Responders Group. I would like to thank everyone who kindly donated to this cause. Thank you!!